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Witbier craft beer with added acerola pulp (*Malpighia emarginata*): characterization and analysis

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Abstract: The aim of this work was to produce and evaluate the quality of craft beers of the Witbier type, with different levels of acerola pulp (*Malpighia emarginata*) added. The production process involved milling, mashing, boiling, and adding hops, coriander, and acerola pulp, followed by yeast inoculation, fermentation, carbonation, bottling, and maturation. The physical-chemical analyses carried out included soluble solids content, pH, total acidity, dry matter, mineral matter, foam stability, color, determination of phenolic and total flavonoid contents, antioxidant activity, and acceptability testing. The experimental design was completely randomized, with four treatments and four repetitions, namely T1, T2, T3, and T4, with 0%, 5%, 10%, and 20% (v/v) of pulp inclusion, respectively. The addition of acerola resulted in beers with higher acidity and lower pH, a higher percentage of mineral matter, and more stable foam. There were no significant differences in the dry matter and flavonoid content between the beers. The antioxidant activity and phenolic compound content increased linearly with the increase in acerola concentration.

Keywords: Physical-chemical analysis; Antioxidant activity; Fruit beer; Phenol contents; FRAP; ABTS

1. INTRODUCTION

Beer, being one of the oldest and most popular fermented beverages, is highly valued for its quality, which includes sensory, physical-chemical, and biochemical properties.¹ Its components and its production process originate a drink rich in micronutrients and with antioxidant and anti-inflammatory properties.² According to Matsubara et al., (2016), beer has a diuretic effect that helps in kidney functioning and the control of hypertension, while its moderate consumption helps in the prevention of coronary diseases.³

In Brazil there are about 1500 breweries registered with the Ministry of Agriculture, Livestock, and Supply (MAPA), guaranteeing the country the third place among the largest

35 beer producers in the world.⁴⁻⁵ According to Decree No. 9.902/19, beer is a beverage obtained
36 by the alcoholic fermentation of malt wort or its extract, previously cooked with the addition
37 of hops or its extract, and part of the malt or malt extract can be partially replaced by brewing
38 adjuncts.⁶ For fermentation, yeast strains of the genus *Saccharomyces* are commonly used,
39 especially *Saccharomyces cerevisiae* (Ale yeasts) and *Saccharomyces pastorianus* (Lager
40 yeasts).⁷

41 According to Brazilian legislation, the mandatory ingredients in the production of beer
42 include water, malt or its extract, and hops (except “fruit beer”), with the optional addition of
43 brewing adjuncts, which can replace up to 45% of the weight of the beer. Primitive extract,
44 vegetable, and animal raw materials suitable for human consumption, and yeasts and other
45 fermenting microorganisms can be used (Instrução Normativa do MAPA nº 65/2019).

46 According to Rosa and Afonso (2015), the water used in brewing must have a
47 controlled pH, free of turbidity, and be clean. The use of pH adjustment for each style of beer
48 and the calibration of water properties through the manipulation of mineral salt concentrations
49 are possible due to new technologies and have resulted in improved water quality for each
50 type of beer.⁷

51 Malt is the grain resulting from the barley malting process. During this process
52 enzymatic activation occurs, especially the enzymes that degrade starch to simple sugars, the
53 α , and β -amylases. Malt has the role of providing aroma and flavor, color, foam, and body of
54 the beer.⁹

55 Hops contain essential oils, polyphenols, and resin in their constitution, contributing to
56 antioxidant activity, aroma, flavor, bitterness, and retention of beer foam.² The bitterness of
57 hops is related to their concentration of α -acids, which during the boiling process are
58 isomerized to iso- α -acids, on the other hand, their essential oils give the aroma to beer.¹⁰

59 Yeasts are responsible for the fermentation process for the conversion of raw material
60 sugars into ethyl alcohol. Depending on the type of yeast used, beers can be classified into
61 two types: Ale (high fermentation) and Lager (low fermentation). Ale-type beers are
62 characterized by high fermentation, the yeast species used is *S. cerevisiae*, which accumulates
63 in the upper part during the fermentation process.⁹ According to Melo and Soares (2019), in
64 top-fermentation beers, substances with fruity aromas and spices are released, which
65 contribute to the type of beer.¹¹

66 As per the Beer Judge Certification Program (BJCP), Witbier beers belong to the Ale
67 family and are Belgian wheat beers. Their ingredients include unmalted wheat, light barley
68 malt, and spices like coriander seeds and sweet orange peel that enhance their sweet aroma.
69 These beers range in color from pale yellow to golden yellow, have a consistent foam that

70 retains well and possess a hazy appearance with a refreshing citrus taste. They also have a low
71 to medium-low hop bitterness.¹²

72 As the understanding of chemical processes and hygiene improved, beer
73 production processes have expanded, resulting in improvements in beer quality, ingredient
74 variety, alcohol content, and other characteristics over time.¹³ Craft beer production is steadily
75 increasing, thanks to the vast range of raw materials and the potential for creating new
76 formulations during brewing. This results in craft beers offering diverse characteristics such
77 as flavor, aroma, color, and bitterness, among others, that differ from those of industrial
78 beers.¹⁴⁻¹⁵ Known as premium or special beers, craft beers have increased their consumer
79 audience, looking for a quality product, with differentiated and unique flavors. In this way,
80 investment in research and innovation in this area is essential, in addition, this sector proves
81 to be an interesting business possibility for entrepreneurs.¹⁶⁻¹⁷

82 The use of fruits as an adjunct in the production of beers results in the diversity of
83 products with distinct characteristics that arouse the interest of the consumer. Brazil has a
84 great diversity of fruits and is also one of the largest producers in the world.¹⁸ Being rich in
85 minerals, fibers, and vitamins, in addition to essential nutrients, they collaborate to improve
86 the quality of the product, its nutritional value, and its biochemical properties due to the
87 presence of phenolic compounds and bioactive compounds that contribute to the increase of
88 antioxidant activity.¹⁹ The fruits used in the production of beers guarantee the diversity of
89 aromas, specific flavors, colors, bitterness, and foam quality, which generally present
90 satisfactory acceptance by consumers.²⁰

91 Acerola (*Malpighia emarginata* DC) is a tropical fruit, produced mainly in the
92 northeast region of Brazil, has a high content of vitamin C, and is a source of anthocyanins
93 and carotenoids, which have antioxidant action.²¹ In fruits, the most common antioxidants are
94 phenolic compounds. Phenolic compounds play important roles in the formation of flavor,
95 aroma, astringency, and body and can contribute to ensuring the antioxidant potential of the
96 diet, in addition to improving foam stability and ensuring longer shelf life than in beers with
97 lower antioxidant activity.²²

98 The present work aimed to produce and evaluate craft beers of the Witbier type
99 with levels of inclusion of acerola pulp on the physicochemical properties, the content of
100 phenolic and flavonoid compounds, and antioxidant activity. The introduction of Witbier craft
101 beer infused with acerola pulp opens the door to sustainability, allowing brewers to source
102 ingredients locally and promote ecological responsibility. The addition of acerola to beer, in
103 addition to adding nutritional value, makes it possible to offer consumers a beer with a
104 different flavor and aroma. Through comprehensive characterization and analysis, this

105 pioneering effort not only enriches the realm of craft brewing, but also advances scientific
106 understanding, thereby expanding the narrative of innovation in the beverage industry.

108 **2. MATERIAL AND METHODS**

109 2.1. Material

110 The following ingredients were used to produce a Witbier craft beer: Chateau Pilsen 2-
111 Row malt from Castle Malting (Beloeil, Belgium), flaked wheat, East Kent Golding hops
112 (Kent, UK) for bittering and aroma (α -acid 4.6%), coriander, and *Saccharomyces cerevisiae*
113 commercial brewer's yeast (SafAle T58 – Fermentis, Marcq-en-Baroeul, France). Mineral
114 water and previously pasteurized acerola pulp purchased from local shops were used in the
115 beer manufacturing process.

116 2.2. Beer production

117 2.5 kg of Chateau Pilsen 2-Row malt from Castle Malting, 2.5 kg of flaked wheat, 25 g of
118 East Kent Golding hops for bittering and aroma (α -acid 4.6%), 10 g of coriander, and 8 g of
119 *S. cerevisiae* commercial brewer's yeast were used to produce a Witbier craft beer. Fruit
120 sanitization followed Bezerra's (2009) methodology,²⁴ starting with pre-washing and
121 sanitizing with sodium hypochlorite (10 mL L⁻¹ for 20 min), then they were manually pulped
122 and packed in polyethylene bags. Pasteurization of the pulp was adapted according to the
123 methodology of Igual et al. (2014),²³ with heating of 2 L of acerola pulp in a thermostatic bath
124 until reaching 30 °C followed by a conditioning in a microwave oven at maximum power
125 (1000 W) for 5 min. In this condition, the sample reached 83 °C.

126 After the pasteurization treatment, the pulp was packed in polyethylene plastic
127 bags. The pasteurized and bottled fruit pulps were stored in the refrigerator at 4 °C until the
128 next day when the beer was produced.

129 Water mineral used in mash was adjusted related to its mineral content to Ca²⁺ 55 mg
130 L⁻¹, Mg²⁺ 3 mg L⁻¹, Na⁺ 7 mg L⁻¹, Cl⁻ 59 mg L⁻¹, SO₄²⁻ 51 mg L⁻¹, and alkalinity equivalent to
131 35 mg L⁻¹ HCO₃⁻. Adjustments was made using brewfather plataform and salts CaCl₂, NaCl,
132 MgSO₄, MgCl₂ and Ca(OH)₂ (Synth, Diadema, Brazil).

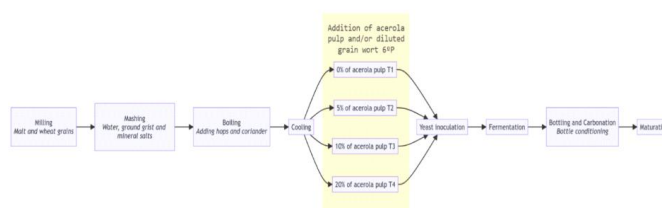
133 The malt and wheat grains were ground using a cereal grain mill (B03 – Botini grain crusher). To
134 prepare the wort, 20 L of water was added to a single vessel (Brewhome 20 L – Brewbeer, São
135 Paulo, Brazil) that was heated to 50 °C. Soon after, the ground grains were added to it and kept for
136 20 min (protein break and ferulic rest) at this temperature. Then, the temperature was raised to
137 65 °C for 60 min for the saccharification process. Subsequently, the must temperature was raised to
138 76 °C for 10 min to inactivate the enzymes and to reduce wort viscosity. During all the mentioned
139 steps, the continuous recirculation of the wort was maintained. Then, the malt was washed with 8.8

140 L of water previously heated to 76 °C. Soon after, the boiling step began, which lasted 60 min. At
 141 the beginning of the boiling process, hops were added expecting as result 15 IBU of bitterness, and
 142 after 55 min of boiling, coriander was added.

143 To cool down the wort, a plate-type heat exchanger was used with water as the coolant.
 144 Next, 16 fermenters were filled with 0.768 L of wort and 0.5 grams of yeast each. In order to
 145 normalize plato degree among the different conditions evaluated, complementary diluted grain
 146 wort was created by diluting grain wort from mashing with water to achieve the same plato
 147 degree as the acerola pulp (6 °P), and then this solution and/or acerola pulp was added to each
 148 fermenter to complete the final volume (960 mL, Table 1). In this way, all condition started
 149 fermentation at the same plato degree (13,4 °P). Four fermenters were designated for each
 150 pulp concentration percentage (0%, 5%, 10%, and 20% V/V), resulting in a total of 16
 151 fermenters. The fermentation process was conducted at 20°C for 9 days (Figure 1).

152
 153

154 **Figure 1.** Basic flow



of beer production.

156 At the end of
 157 beer was submitted
 158 and maturation
 159 in glass bottles with
 160 in which 5 mL of a
 161 sugar with 5 mL of lemon was added.

fermentation, the
 to the carbonation
 process for 40 days,
 a capacity of 250 mL,
 solution of 6 g L⁻¹ of

163 **Table 1.** Craft beer formulations added with different concentrations in percentage (v/v) of
 164 acerola pulp.

Treatments	Beer wort volume (L)	Acerola pulp volume (L)	Diluted grain wort 6 °P volume (L)	Final Volume (L)
0% of acerola pulp (T1)	0.768	0.000	0.192	0.960
5% of acerola pulp (T2)	0.768	0.048	0.096	0.960

10% of acerola pulp (T3)	0.768	0.096	0.048	0.960
20% of acerola pulp (T4)	0.768	0.192	0.000	0.960

165

166 2.3. Physicochemical analysis

167 2.3.1. Degree Plato (°P)

168 The soluble solids content was measured in an analog refractometer (Vodex VX25-40,
169 Southampton, US). For the content of soluble solids during fermentation kinetics, readings
170 were performed during the fermentation period of 9 days.

171 Original gravity and final gravity were calculated according to equations 1 and 2
172 below:²⁵

$$173 \quad OG = 1,000 + (P_i \times 4)$$

174 (1)

$$175 \quad (2) \quad FG = 1.001843 - 0.002318474 \times P_i - 0.000007775 \times P_i^2 - 0.000000034 \times P_i^3 + 0.00574 \times P_i + 0.00003344 \times P_i^2 + 0.0000000 \times P_i^3$$

176 2.3.2. Apparent attenuation (%)

177 Apparent attenuation (AA) was calculated from the original and final gravity values of
178 the beers (expressed as °P) according to equation 1 below:²⁵

$$179 \quad AA = \frac{OG - FG}{OG} \times 100$$

180

181 (3)

182 where, OG= Original Gravity; FG= Final Gravity.

184 2.3.3. Estimation of alcohol content (% ABV)

185 The estimated alcoholic strength (% ABV) was calculated from the original and final
186 gravity values of the beers using the simplified equation 2. This equation is commonly used
187 to a fast and roughly ABV estimation.

$$188 \quad ABV = (OG - FG) \times 131.25$$

189 (4)

190 where, OG= Original Gravity; FG= Final Gravity. Both expressed as specific gravity.

191 2.3.4. Total acidity

192 According to the methodology of Celso et al. (2013), the beer samples were placed in
193 a beaker and then placed in the ultrasound device for 90 s to decarbonate the beer.²⁶

In a beaker, 20 mL of the beer sample, 80 mL of distilled water, and 3 drops of phenolphthalein were added. Then, the sample was titrated with a 0.1 mol L⁻¹ NaOH solution, with the aid of a magnetic stirrer, until a stable pink color was obtained. The sodium hydroxide solution was standardized with potassium bi-phthalate P.A, obtaining a normality value for the NaOH solution of 0.0846 mol L⁻¹. The acidity was calculated using equation 5:

$$(5) \quad TA \text{ (meEqL}^{-1}\text{)} = \frac{1000 \times V_n \times N}{V}$$

where V_n = volume of NaOH solution used (mL); N = normality of the NaOH solution; V = sample volume (mL).

According to AOAC 950.07.25, the acidity expressed in lactic acid considers that 1 mL 0.1 mol L⁻¹ NaOH is equivalent to 0.0090 g of lactic acid, thus considering the adjustment in the concentration of the NaOH solution obtained in the standardization (1 mL 0.0846 mol L⁻¹ NaOH is equivalent to 0.007614 g of lactic acid), to express the acidity in lactic acid, use the following equation 6:

$$(6) \quad \text{Acidity} \in \text{lactic acid} = \left(\frac{V_n \times 0.007614}{V} \right) \times 1000 \text{ g lactic acid}$$

where V_n = volume of NaOH solution used (mL); V = sample volume (mL).

2.3.5. Determination of dry matter and mineral matter

The analysis of dry matter and mineral matter (ash) of beer was adapted according to the methodology of Cunha et al., (2023).²⁷ For the determination of the dry matter, the crucibles were previously identified and weighed on an analytical balance to obtain the tare value, 40 mL of the samples were placed in the crucibles, subsequently taken to an oven at 105 °C for 17 h, then transferred into a desiccator for 30 min for final weighing. For the determination of mineral matter (ash) the crucibles were placed in the muffle at 600 °C for 4 h and weighed to determine the mineral matter.

2.3.6. pH analysis

The pH analysis was carried out using a HANNA EDGE® LCD 5.5 pH meter (Tamboré Barueri, Brazil), previously calibrated with pH 7.0 and 4.0 standard solutions.

2.3.7. Color analysis

Color analysis was performed according to Clements et al., (2001),²⁸ using the Tristimulus system using the L*a*b* color space proposed by the Commission Internationale de l'Eclairage (CIE), also known as CIELab.

Beer samples were previously filtered using the membrane filtration method [28], with a thickness of 0.35 mm and porosity of 0.6 µm. To carry out the analysis, a UV spectrophotometer (UV-1100 – Kasuaki, Jiangsu, China) was used. Transmittance spectra were obtained in an acquisition

range (380-780 nm) with a gap of 5 nm. From the transmittance spectra, the color values L^* a^* b^* , associated with luminosity, red to green and yellow to blue, respectively, were calculated. The equations below were used to calculate the tristimulus X, Y, Z values and, from these, the L^* a^* b^* values.

$$(7)$$

$$(8)$$

$$(9)$$

$$(10)$$

$$(11)$$

$$(12)$$

where $T(\lambda)$ = transmittance value at each wavelength λ , $S(\lambda)$ = the spectral power distributions at each λ for the illuminant pattern C (Table 4). $x_{10}(\lambda)$, $y_{10}(\lambda)$, $z_{10}(\lambda)$ = color matching functions, standard observer C at each wavelength λ (Table 4). X, Y, Z = tristimulus values representing red, blue, and green.

According to the American Society for Testing and Materials (ASTM, 2001),²⁹ the white point values are:

$$X_n = 97.285, Y_n = 100.00, Z_n = 116.145$$

$$(13)$$

where k corresponds to the normalization factor and can be calculated directly from Table 4.

2.3.8. Foam analysis

Foam analysis was performed according to Nyarko et al., (2021).³⁰ To pour the beer in a standardized way, tweezers with an oval claw were used, fixed at a height of 30 cm to universal burette support. The beer was poured into a tall beaker with a volume of 1 L. To measure the foam, a ruler was fixed in a vertical position next to the beaker. The beers stored in 250 mL bottles were poured so that they flowed to the bottom of the beaker continuously, with records of the foam height and liquid beer height at elapsed times of 0.5, 15, 30, 45, 60, 90, 120, 150, and 180 s. To help record the decay of the foam, a Canon EOS Rebel SL2 camera was used.³⁰

264 Four samples were used per treatment and the average data were used to calculate the foam
265 values according to the following equations:

266 For foam height (F) in centimeters for each measuring time (t):

$$267 \quad F = T - L$$

268 (14)

269 Where F= foam height; L= beer liquid; T= total height.

270 The mean foam height data were used to obtain the intercept (a) and slope (b) values,
271 correlating the least squares of the natural logarithm of the foam height and the measurement time
272 according to the following equation:

$$273 \quad \ln(F_t) = a + bt$$

274 (15)

275 Other foam attributes were calculated using the coefficients determined by equation 13.

$$276 \quad \text{Head (after the first minute of pouring), cm} = e(a+b)$$

277 (16)

$$278 \quad \text{Half-life (HL), min} = \ln(0.5)/b$$

279 (17)

$$280 \quad \text{Life, min} = -a/b$$

281 (18)

$$282 \quad \text{Density (g.mL}^{-1}\text{)} = (L_{2.5} - L_1) / \text{Head}_1 - \text{Head}_{2.5}$$

283 (19)

$$284 \quad \text{Quality (Q)} = 10 \times \text{HL} \times \text{Density}$$

285 (20)

$$286 \quad \text{NHL-1, min} = (10 \times \text{HL}) / \text{Head}$$

287 (21)

$$288 \quad \text{NHL-0, min} = (10 \times \text{HL}) / F_0 = (10 \times \text{HL}) / (ea)$$

289 (22)

290 2.4. Biochemical analyzes

291 2.4.1. Content of total phenolic compounds (TPC)

292 For the quantification of total phenolics compounds, the Folin-Ciocalteu method was used
293 according to the protocol reported by Julião et al. (2020).³¹ The analysis was performed in triplicate,
294 with the reaction conducted in a basic medium composed of 250 µL of Folin-Ciocalteu reagent
295 (Sigma-Aldrich, St. Louis, US), 50 µL of diluted beer sample (1:10, v/v) and 1 mL of distilled water.
296 After 5 min, 750 µL of 20% sodium carbonate (w/v) and 2.95 mL of distilled water were added. The
297 quantification was performed by measuring the absorbance in a spectrophotometer at 798 nm. The
298 result was obtained through linear regression through the standard curve of gallic acid (Sigma-Aldrich,

329 St. Louis, US) and expressed in milligram equivalent of gallic acid per liter of the sample (mgEq GA
330 L⁻¹).

331 2.4.2. Total flavonoid content (TFC)

332 The determination of the total content of flavonoids was carried out according to the procedure
333 reported by Salgueiro et al. (2014).³² The test was performed in triplicate, submitted to the medium
334 containing 2 mL of diluted beer sample (1:10, v/v) and 2 mL of 2% (m/v) methanolic aluminum
335 chloride solution, for each sample a so-called blank sample was prepared using 2 mL of non-alcoholic
336 beer, diluted and 2 mL of distilled water. After 30 min of incubation, absorbance readings were taken
337 at 415 nm using distilled water as a blank. Total flavonoid content, expressed in milligrams of
338 quercetin per liter (mgEq Q L⁻¹), was calculated using a seven-point calibration curve.

339 2.4.3. Ferric Reducing Antioxidant Power (FRAP)

340 The antioxidant power of reduction of ferric ion Fe³⁺ (FRAP) was determined according to
341 the methodology of Rufino et al., (2007).³³ The test was performed in triplicate, submitted to reactions
342 in the proportion of 200 µL of diluted beer sample (1:10, v/v), except for the control beers, in which
343 50 µL of the undiluted sample, 150 µL of distilled water, and 4 mL of FRAP reagent were used. The
344 quantification was carried out by measuring the absorbance at 593 nm. The result was obtained using
345 a seven-point standard curve of FeSO₄ and expressed in mmol Fe²⁺ per L of the sample (mmol Fe²⁺
346 L⁻¹).

347 2.4.4. DPPH assay

348 The scavenging capacity of the stable radical 2,2-diphenyl-picrylhydrazyl (DPPH) (Sigma-
349 Aldrich, St. Louis, US) was performed according to Al-Sayyed et al., (2022).³⁴ The test was
350 performed in triplicate, submitted to reactions in the proportion of 200 µL of beer sample and 2.8 mL
351 of DPPH 8x10⁻⁵mol L⁻¹ethanolic solution reagent, absorbance reading was performed at a
352 wavelength of 517 nm. Results were calculated from a five-point analytical curve of a-tocopherol
353 (Sigma-Aldrich, St. Louis, US) and expressed in milligrams of a-tocopherol per L of the sample
354 (mgEq T L⁻¹).

355 2.4.5. ABTS assay

356 Determination of antioxidant activity was performed using the method described by Rufino et
357 al., (2007).³³ The test was performed in triplicate, submitted to reactions in the proportion of 100 µL
358 of the diluted sample (1:10), 200 µL of distilled water, and 2.7 mL of ABTS solution (Sigma-Aldrich,
359 St. Louis, US). Absorbance readings were taken at 734 nm using distilled water as a blank. Data were
360 calculated from a five-point calibration curve of α-tocopherol (Sigma-Aldrich, St. Louis, US) and
361 expressed in mg α-tocopherol per L of the sample (mgEq T L⁻¹).

362 2.5. Statistical analysis

333 Data from physical-chemical analyses, except for the analysis of color, phenolic compounds,
334 and antioxidant activity were submitted to analysis of variance and, when significant ($P<0.05$),
335 regression analysis was performed. Data analysis was performed using the SISVAR 5.6 statistical
336 software.

337 3. RESULTS AND DISCUSSION

338 3.1. Physicochemical analysis

339 3.1.1. Fermentative kinetics of soluble solids content

340 Figure 2 shows the attenuation profile of the wort during the fermentation of the monitored
341 beers produced.

342

343 **Figure 2.** Degree Plato ($^{\circ}\text{P}$) during the fermentation kinetics of the brewer's wort of craft beers with
344 different concentrations of acerola pulp.

345

346 The degree plato of the samples were reduced according to the consumption of fermentable
347 sugars present in the samples by the yeasts. In 14 h of fermentation, the soluble solids dropped from
348 13.4 ($^{\circ}\text{P}$) to values close to 10 ($^{\circ}\text{P}$) for all samples. During the whole period, it is possible to observe
349 the gradual reduction of the soluble solids content, in the first 60 h of the fermentation the maximum
350 deceleration of the consumption of substrate by the yeasts occurred.

351 Among the beers with the addition of acerola pulp, the kinetics of the T3 sample showed a
352 lower degree plato ($^{\circ}\text{P}$) at the end of fermentation compared to the T2 and T4 samples, the control
353 sample had the highest soluble solids content. Fernandes (2017) obtained similar results when
354 evaluating the degree plato ($^{\circ}\text{P}$) during the fermentation kinetics of craft beers added with acerola
355 Blonde Ale, the samples with acerola obtained equal and lower values of degree plato ($^{\circ}\text{P}$) at the end
356 of fermentation, in comparison with beer without adding pulp.³⁵ In view of this, it is possible to
357 observe that the difference in the residual sugars of the beers with acerola pulp in relation to the
358 control beer, may be related to the differences in wort and its concentration of fermentable and non-
359 fermentable sugars.

360 It is possible to observe in the graph that the fermentation of the T4 beer attenuated faster,
361 with about 85 h than the T3 and T2 beers, which presented attenuation at 108 h and 157 h, respectively.
362 The T1 beer attenuated with about 44 hours of fermentation. The values of apparent attenuation and
363 alcohol content at the end of fermentation showed significant differences ($P<0.05$) (Table 2).

364

365 **Table 2.** Physical-chemical analyzes of craft beers with the addition of different levels of acerola pulp.

Variables	Average $\pm$ SD
-----------	------------------

	0% of acerola pulp (T1)	5% of acerola pulp (T2)	10% of acerola pulp (T3)	20% of acerola pulp (T4)
Apparent attenuation (%)	79.25±0.00 ^b	84.02±2.01 ^a	87.04±0.00 ^a	85.09±3.90 ^a
Alcoholic graduation (% ABV)	5.64±0.00 ^b	5.91±0.20 ^{a,b}	6.17±0.00 ^a	6.04±0.34 ^{a,b}
Soluble solids (°P)*	7.00±0.00 ^a	6.65±0.10 ^{a,b}	6.40±0.00 ^b	6.55±0.30 ^b
Total acidity (mEq L ⁻¹)	37.86±0.24 ^d	42.51±2.09 ^c	49.17±1.97 ^b	61.02±2.96 ^a
Total acidity (g of lactic acid L ⁻¹)	3.41±0.02 ^d	3.83±0.19 ^c	4.43±0.18 ^b	5.49±0.27 ^a
Dry matter (%)	4.43±0.07 ^a	4.40±0.06 ^a	4.46±0.02 ^a	4.44±0.05 ^a
Mineral matter (%)	3.69±0.06 ^c	3.97±0.06 ^{b,c}	4.20±0.28 ^{a,b}	4.57±0.34 ^a
pH	4.50±0.03 ^a	4.20±0.00 ^b	4.04±0.01 ^c	3.89±0.01 ^d

366 *Values not ethanol corrected. Means followed by the same letters in the lines, do not differ
367 significantly by Tukey's test, at 5% probability (P<0.05). SD (standard deviation).

368 Beer T3 showed higher apparent attenuation and alcohol content at the end of
369 fermentation of 87% and 6.17%, respectively. The range of alcoholic strength for Witbier
370 beers, according to the Beer Judge Certification Program (BJCP) (de Borba et al., 2020),¹² is
371 4.5 to 5.5%, therefore, the values obtained in this work did not fall within the standard range
372 for this style. These results are similar to those found by Costa et al., 2020,³⁶ when producing
373 Witbier beers with added ginger, they obtained alcoholic strength values between 6.5% and
374 6.7%, in addition to that, the control sample also did not present values within the standard
375 for this style.

376 The values of soluble solids differed statistically ($P < 0.05$) with a linear reduction in the
377 °Bx contents of the beers ($P < 0.05$) with the addition of acerola pulp, estimating a reduction of
378 0.0197% for each unit of acerola pulp added to beer. The samples with the inclusion of acerola
379 pulp had lower °Bx values than the control beer. According to Mutz, et al., (2021), beers added
380 with fruit pulp have most of the soluble solids composed of fermentable sugars.³⁷

381 Regarding the total acidity expressed in (mEq L^{-1}) and (g L^{-1} of lactic acid), a linear
382 increase ($P < 0.05$) of 1.1758 and 0.1058, respectively, was observed for each 1% addition of
383 acerola pulp added to beer. The T1 beer had the lowest acidity and the T4 beer had the highest
384 acidity. These results are in line with those obtained by Pinto (2015),³⁸ who found an increase
385 in beer acidity with the addition of acerola pulp. The total acidity in beers may be related to
386 the type of production and raw materials used, in addition, the organic acids produced during
387 alcoholic fermentation are also responsible for the increase in acidity and drop in pH.

388 There was a linear decrease in the pH values of the beers with the addition of acerola
389 pulp, estimated at 0.0290 for each 1% of added pulp. The T4 beer obtained a more acidic pH
390 of 3.89, a result equivalent to the total acidity. The pH results for all samples followed similar
391 behavior to those verified for total acidity, so that the higher the level of inclusion of acerola
392 pulp, the lower the pH. Values within this range were obtained by Pinto et al., 2015,³⁸ ranging
393 from 4.10 to 4.24 for Pale Ale beers, with the addition of acerola and pineapple pulp.
394 According to Fernandes (2017),³⁵ the fruits added to beer production tend to decrease the pH,
395 reducing the probability of contamination and preserving the characteristics of the beer.

396 Regarding the mineral matter (dry extract) of the analyzed samples, there were no
397 significant differences ($P < 0.05$), with an average of 4.42%. According to Sousa and Fogaça
398 (2018),³⁹ dry matter is related to the resulting amount of solids present in the beer composition,
399 which undergo a process and water evaporation, a good quality beer has values above 3.0%
400 of dry matter. Thus, all samples produced have the indication of good quality in relation to
401 this aspect. The results are similar to the values found by Brito Júnior (202),⁹ who obtained
402 average dry extract values of 4.5 for six Fruit Beers produced with juçara fruit pulp. Souza et
403 al., (2020) obtained a real extract value lower than that found in this study of 3.58% in Pilsen
404 beer with acerola pulp.⁴⁰

405 In the analysis of the mineral matter, a linear increase of 0.0433 was observed for each
406 1% addition of pulp. The values obtained in the present study were higher than that obtained
407 by Ngafwan et al., (2021),⁴¹ of 2.38% for craft beer in the Blonde Ale style with the addition
408 of araçá-boi. Fruits are important sources of essential minerals for the human diet, acerola has
409 a composition of minerals such as calcium, magnesium, and potassium, among others.⁴²

410 3.1.2. Color analysis

Regarding the results of the color analysis, Table 3 presents the average values of the color parameters, where L* indicates variation in luminosity, ranging from white (L=100) to black (=0), a* which varies from red (+a*) to green (-a*) and b* which indicates the color variation from yellow (+b*) to blue (-b*). The average values of L* differed (P<0.05) between the samples, being between 92.90 and 86.98 close to white (L=100), characterizing the beers with a light hue. There was a significant difference between a* values (P<0.05), samples T1, T2, and T4 obtained negative values, and sample T3 obtained a positive a* value, the values of all samples were close to zero. The b* parameter also differed significantly (P<0.05), the samples showed positive values ranging from 35.28 to 18.18, indicating a yellow color.

Table 3. Mean and standard deviation of CIE Lab-System color attributes (L*, a*, b*) for control and acerola-added craft beer samples.

Treatment	Average±SD		
	L*	a*	b*
0% of acerola pulp (T1)	92.90±0.46 ^a	-0.60±0.32 ^b	18.18±0.34 ^d
5% of acerola pulp (T2)	88.48±0.41 ^b	-0.24±0.12 ^{ab}	27.30±0.44 ^c
10% of acerola pulp (T3)	86.98±1.32 ^b	0.10±0.32 ^a	30.51±0.62 ^b
20% of acerola pulp (T4)	88.30±0.93 ^b	-0.42±0.13 ^{ab}	35.28±1.01 ^a

Means followed by the same letters in the columns, do not differ significantly by Tukey's test, at 5% probability (P<0.05). SD (standard deviation), a*(green-red chroma), b*(blue-yellow chroma), L*(brightness).

However, despite the significant statistical differences observed between the samples for the color parameters, the differences were small, resulting in little visual difference in the appearance of the produced beers. Thus, analyzing the values of a* in relation to those of b*, all samples showed a more pronounced yellow color. These color characteristics, according

430 to the BJCP (de Borba et al., 2020),¹² are within the standard of Witbier-type beers, which
 431 have a straw-yellow to very light golden color.

432

433 3.1.3. Foam analysis

434 Foam is one of the most important attractive features of beer for consumers. Its stability
 435 is related to the external quality of the beers and is determined by the adequate addition of
 436 hops, the presence of metallic ions in the wort, and the existence of hydrophobic surface-
 437 active proteins (polypeptides) of the albumin class.⁴³⁻⁴⁴ Table 4 shows the average results of
 438 the evaluated foam attributes presented: foam height, half-life, life, density, and normalized
 439 half-life (NHL-1 and NHL-0).

440

441 **Table 4.** Mean and standard deviation for the attributes of the foam analysis performed with
 442 the control craft beer samples and with the addition of acerola pulp.

Attributes	Average±SD			
	0% of acerola pulp (T1)	5% of acerola pulp (T2)	10% of acerola pulp (T3)	20% of acerola pulp (T4)
Head* (cm)	4.01±0.18 ^a	2.78±0.64 ^b	3.54±0.32 ^{a,b}	3.72±0.86 ^{a,b}
Half-life (min)	1.09±0.90 ^b	1.20±0.22 ^b	1.49±0.07 ^{a,b}	1.92±0.38 ^a
Life (min)	3.17±0.14 ^b	2.80±0.71 ^{a,b}	3.70±0.23 ^{a,b}	4.66±1.30 ^a
Density (g mL ⁻¹)	0.19±0.04 ^{a,b}	0.16±0.01 ^b	0.17±0.02 ^b	0.23±0.0 ^a
Quality	2.08±0.45 ^b	1.92±0.46 ^b	2.47±0.30 ^b	4.36±0.97 ^a
NHL-1 (min)	2.72±0.34 ^c	4.38±0.37 ^{a,b}	4.23±0.47 ^b	5.24±0.60 ^a
NHL-0 (min)	1.44±0.26 ^c	2.42±0.19 ^b	2.65±0.33 ^b	3.60±0.38 ^a

443 *Estimated height of foam after one minute from pouring. SD (standard deviation). NHL-1:
 444 Normalized half-life 1. NHL-0: Normalized half-life 0. Means followed by the same letters in
 445 the lines, do not differ significantly by Tukey's test, at 5% probability (P<0.05).

446

447 According to the results of foam height during the first minute after serving the beer,
 448 T1 had the highest mean height compared to the other beers with acerola. Regarding the half-
 449 life and life of the beers, sample T4 showed the longest times for both. The half-life is related
 450 to the stability of the foam, which together with its quantity influence the lifetime. Thus, the

451 T4 beer presented a more stable foam than the others, in addition, it is possible to observe that
 452 by increasing the inclusion of acerola pulp, there is an increase in the half-life of the foam.

453 The calculated density values for 1 min ranged from 0.34 g mL⁻¹ for T2 beer to 0.22 g
 454 mL⁻¹ for T4 beer. The density of the foam is caused by important components such as hops
 455 and proteins, the rapid dispersion of the foam can indicate the small amount of these
 456 components. In this work, the calculated density is dimensionless, but the unit g mL⁻¹ is
 457 assigned because it is assumed that the beer density is ~1 g mL⁻¹.

458 The quality assessment carried out in this work was proposed by Nyarko et al.,
 459 (2021),³⁰ to provide a general assessment of foam performance, considering density and half-
 460 life values. Thus, beer T2 had the highest average quality value of 4.44, and beer T1 had the
 461 lowest average of 3.53.

462 Normalized half-life values represent a corrected expected value for samples with a
 463 height (NHL-1) or initial foam (NHL-0) of 10 cm, or 10 times a single-point slope of the half-
 464 life for the height of the half-life. foam. In the analysis of normalized half-life 1 (NHL-1) and
 465 normalized half-life 0 (NHL-0), the T4 sample had the highest mean compared to the other
 466 samples. It is observed that sample T1 produced more foam, but the foam produced by sample
 467 T4 showed greater stability.

468

469 3.2. Biochemical analyzes

470 The results of the biochemical analyzes of total phenolic compounds, and antioxidant
 471 activity by FRAP, DPPH, and ABTS methods, and the flavonoid content are presented in
 472 Table 5.

473

474 **Table 5.** Average of the acceptability test performed with the control craft beer samples and
 475 those with acerola added.

Variables	Average±SD			
	0% of acerola pulp (T1)	5% of acerola pulp (T2)	10% of acerola pulp (T3)	20% of acerola pulp (T4)
Total phenolic compounds (mgEg GA L ⁻¹)	399.6±24.64 ^d	908.1±97.49 ^c	1,549.2±184.72 ^b	2,486.4±266.06 ^a
FRAP	1.01±0.05 ^b	0.84±0.19 ^b	2.23±0.16 ^b	5.34±1.32 ^a

(mmol Fe ²⁺ L ⁻¹)				
Total flavonoids (mgEq Q L ⁻¹)	463.57±5.88 ^a	466.68±14.17 ^a	407.04±96.08 ^a	477.25±33.48 ^a
DPPH (mgEq GA L ⁻¹)	129.10±22.25 ^c	168.53±22.05 ^{bc}	210.13±13.95 ^b	368.38±12.91 ^a
ABTS (mgEq T L ⁻¹)	90.76±42.57 ^b	212.89±6.54 ^b	777.71±9.99 ^a	765.98±163.43 ^a

Means followed by the same letters in the lines, do not differ significantly by Tukey's test, at 5% probability $P < 0.05$). SD (standard deviation).

There was a linear increase ($P < 0.05$) of 105.1582 for each 1% addition of acerola pulp added to beer. The beers with the addition of acerola had higher concentrations of total phenolics when compared to the control beer, the T4 beer had the highest average. These data show the direct effect of the addition of acerola pulp on the phenolic profile of the beers produced. The results found in this study are higher than those found by Zhao et al. (2010) in their analysis of 34 samples of commercial beers, which showed a variation in the content of phenolic compounds between 152.01 mg GAE L⁻¹ and 339.12 mg GAE L⁻¹.⁵¹ The high concentration of phenolic compounds, in addition to coming from the malt and hops present in the beer, reflects the inclusion of acerola pulp, showing its influence on the number of phenolic compounds in the beer. In this sense, acerola appears to be a brewing adjunct capable of increasing the concentration of total phenolic compounds in beers.

A similar result was found by Dalla Santa et al., (2020) where the addition of red pulp pitaya in Fruit Bier beers with different levels of inclusion increased the content of total phenolic compounds in the beers.⁴⁵ According to Silva (2018), in beers, phenolic compounds are important sources of antioxidants, capable of preventing the degradation and oxidation of the beverage, in addition to helping with colloidal stability, flavor, and sensory properties.⁴⁶

According to Callemien and Collin (2009), the phenolic compounds in beer contribute to human health, acting as cardioprotectors, with an antioxidant effect, inhibiting platelet activity and vasodilation, having anticancer activity, anti-inflammatory activity, and estrogenic activity, in addition to being able to help to prevent neurodegenerative diseases such as Alzheimer's and Parkinson's.⁴⁷

500 Silva et al., (2022) analyzed the total phenolic content and antioxidant capacity of craft
501 beers with added fruit produced in Portugal. These craft beers had high levels of total phenolic
502 compounds, between 343.8 and 2,172.5 mg GAE L⁻¹. These results are very similar to those
503 found in this work, where the values varied between 399.2 and 2,486.4 mg GAE L⁻¹, with the
504 highest values obtained in the drink with the highest addition of acerola pulp.⁴⁸

505 The antioxidant activity by the iron reduction method (FRAP) and by 2,2-diphenyl-1-
506 picrylhydrazyl radical capture (DPPH) showed significant differences (P<0.05) between the
507 samples. Analyzing the results of the samples for these methods, it is possible to observe that
508 the addition of acerola pulp provided a linear increase (P<0.05) in the antioxidant activity of
509 449.8984 and 12.0928, respectively, for each 1% of pulp added, there was a positive match
510 between the results of total phenolic compounds and the antioxidant activity measured by
511 these methods.

512 Sorbo and Broetto (2019), producing Pilsner-type craft beers with passion fruit pulp
513 added,⁴⁹ and Hübner (2019), producing Catharina Sour-style craft beers with pitaya and ginger,
514 obtained results similar to those presented in this study, according to the increase in the level
515 of inclusion of passion fruit pulp. fruit obtained an increase in the content of total phenolic
516 compounds and antioxidant activity.⁵⁰

517 Using the ABTS 2,2-azinobis (3-ethylbenzothiazoline-6-sulfonic acid) radical capture
518 method, the antioxidant activity of beers expressed in α -tocopherol L⁻¹ ranged from 90.76 to
519 777.71. In this method, the T3 beer had the highest average of antioxidant activity, and the
520 control beer the lowest, different results from those found by the FRAP and DPPH methods,
521 but these methods have correlation coefficients of $r^2 = 99.4$ and $r^2 = 96.9$, respectively, being
522 greater than the ABTS method ($r^2 = 74.6$), thus the FRAP and DPPH methods are better related
523 to the results of phenolic compounds. According to Zhao et al. (2010),⁵¹ the antioxidant
524 activities present in beer depend on its composition and the conditions of the test systems
525 performed, thus, different methods of determining antioxidant activity, based on different
526 reaction mechanisms, can present different results.

527 Antioxidants present in the diet, such as phenolic compounds, can help prevent diseases
528 linked to oxidative stress, in addition, the antioxidant activity and low alcohol content of beers
529 are important for their nutritional properties (Zhao et al., 2010).⁵¹ The results of the analysis
530 of flavonoids did not show significant differences (P<0.05), with an average of 453.64 mg Eq
531 Q L⁻¹, indicating that the flavonoid content is mostly linked to the base raw material of the
532 beers and not the addition of acerola pulp. Flavonoids contribute to the astringency and
533 bitterness of the beer. The values of flavonoids found in this study were higher than that
534 identified by Souza et al., (2020) in a craft beer of the Pilsen type with the addition of acerola

pulp, in which it obtained an average of 68.9 (mgEq Q L⁻¹).⁴⁰ It is likely that the concentration of other groups of phenolic compounds present in acerola, such as carotenoids, anthocyanins, and phenylpropanoids, among others, is higher than the concentration of flavonoids, which resulted in the high concentration of phenolic compounds obtained in samples with pulp.

In this work, there was practically no variation in the reducing activity of beer without the addition of fruit (control) and beer with 5% pulp, however, there was a significant increase in the addition of 10 to 20% pulp. The reducing activity ranged from 0.84 (5% pulp) to 5.34 (20% pulp). This increase in reducing activity is associated with an increase in acerola pulp content, since this fruit is rich in vitamin A and C, thiamin, riboflavin, niacin, rutin, quercetin, cyanidin, catechin, kaempferol, anthocynins and flavonoids.⁵²⁻⁵⁴

Ditrych et al. (2015) evaluated the antioxidant properties of sixteen beers produced in Poland, where they found greater reducing potentials in dark beers (5.0 to 8.8 mmol Fe²⁺ L⁻¹). The reducing powers of artisanal and large-scale lager beers ranged between 2.9 and 3.8 and between 2.0 and 2.4 mmol Fe²⁺ L⁻¹, respectively. In addition, it is worth noting that dark beers (Bock and Porter) require a greater load of malt (source of antioxidants) when produced.⁵⁵

550

551

552 **Conclusion**

The beers with pulp inclusion showed higher acidity, lower pH, lower soluble solids, and higher % ash when compared to the control. Fermentative kinetics showed that the presence of acerola pulp in the wort resulted in lower soluble solids at the end of the fermentation process for beers with the fruit, compared to the control beer. The addition of acerola pulp promoted an increase in the concentration of phenolic compounds and the antioxidant capacity of the beers, especially the T4 beer. Thus, moderate consumption of beers with these properties may be more beneficial to human health. As for the color, there was little visual difference, presenting a straw yellow color in all the beers produced. The acerola pulp added to the beers contributed to the stability and quality of the foam produced when compared to the control beer. Acerola pulp, used as an adjunct in the production of Witbier-type beers, adds value to the final product and has important properties to be explored in the brewing industry.

553

564 **Author Contributions**

565 Cecila L. Sousa: Methodology, investigation, writing the original draft. Lilian S. M. da Costa: 566 Conceptualization, project administration, validation, writing review, and editing. Lorena P. Ferreira: 567 Validation, data curation. Karita J. S. Silva: Supervision, resources. Marcia M. R. Azevedo: formal

568 analysis, data curation. Cléo R. Bressan: Validation, formal analysis. Kashif Gul data curation,
569 investigation. Sumeet Malik: Software, data curation. Paulo S. Taube: Reviewing and data analysis

570 **Conflicts of interest**

571 There are no conflicts to declare.

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