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Luiz Antonio Costa Rodrigues

Federal University of Rio de Janeiro

Cláudia Barbieri Ferreira Mendonça

`cb.mendonca@gmail.com`

Federal University of Rio de Janeiro

Heitor Evangelista

Rio de Janeiro State University

Sergei Verkulich

Herzen State Pedagogical University of Russia

Flavia Alves Tavares

Rio de Janeiro State University

Vania Gonçalves-Esteves

Federal University of Rio de Janeiro

Research Article

Keywords: Antarctica, climate change, pollen, sedimentology, westerly winds

Posted Date: September 25th, 2025

DOI: <https://doi.org/10.21203/rs.3.rs-7520482/v1>

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Additional Declarations:

No competing interests reported.

Table 1 is available in the Supplementary Files section.

**A lacustrine palynological record from Long Lake/King George
Island/Antarctica evidence the role of westerly winds on the atmospheric
dispersion during Late Holocene**

Luiz Antonio Costa Rodrigues¹, Cláudia Barbieri Ferreira Mendonça^{1*}, Heitor Evangelista²,
Sergei Verkulich³, Flavia Alves Tavares², Vania Gonçalves-Esteves¹

¹ *Laboratory of Palynology, Department of Botany, Museu Nacional, Universidade Federal do
Rio de Janeiro, São Cristóvão, Rio de Janeiro, RJ, 20940-040, Brazil*

² *Laboratório de Radioecologia e Mudanças Globais – LARAMG. Rio de Janeiro State
University, Rua São Francisco Xavier, 524, Maracanã, Rio de Janeiro, RJ, 20550-900, Brazil*

³ *Herzen State Pedagogical University of Russia, Moyka Emb., Saint-Petersburg, 191186,
Russian Federation*

* Corresponding author. *E-mail address:* cb.mendonca@gmail.com

ORCID

Luiz Antonio C. Rodrigues: rodriguespalino@gmail.com; <http://orcid.org/0000-0003-0025-4177>

Claudia Barbieri F. Mendonça: cb.mendonca@gmail.com; <http://orcid.org/0000-0003-4219-6147>

Sergei Verkulich: verkulich@mail.ru

Flavia Alves Tavares: flaviaalvestavares@hotmail.com; <https://orcid.org/0000-0002-3011-1815>

Heitor Evangelista: evangelista.uerj@gmail.com; <http://orcid.org/0000-0001-9832-1141>

Vania Gonçalves-Esteves: esteves.vr@gmail.com; <http://orcid.org/0000-0002-2803-6027>

Abstract:

A palynological analysis of a sediment core collected from Long Lake, Fildes Peninsula/King George Island/Antarctic Peninsula, revealed regional changes in depositional processes over the Late Holocene. The results revealed a record of pollen grains, spores, arthropod fragments, and fungi at top core layers, as well as intact individuals of *Drepanocladus longifolius* in deeper sections. Overall, pollen grains accompanied sedimentary laminated structures suggesting shrinkage of the climate at the pro-glacial environment, as well as an atmospheric connection between South America and the Northern Antarctic Peninsula modulated by the westerly winds.

Keywords: Antarctica, climate change, pollen, sedimentology, westerly winds

Introduction

Geographically and climatically isolated extreme environments, such as Antarctica, are crucial for detecting particles and substances that could travel globally and reach their pristine environments. It is known that the climatic conditions of the Antarctic continent modulate the occurrence of plant species in the region and constitute one of the main drivers regulating the Earth's thermal balance. Although our knowledge about the dynamics and climatic characteristics of the Antarctic polar region has expanded in the last decade, its cryosphere has been experiencing profound modifications, which influence the occurrence of endemic plant species on the continent. According to Casado et al. (2023), that have compiled isotopic data from 78 ice core records in Antarctica, the recent (last 50 years) increase in air temperature co-variates with CO₂ anthropogenic emissions, despite the influence of natural drivers as ENSO (El Niño Southern Oscillation) and AAO (Antarctic Oscillation). Concurrently, recent observations have

reported extreme melting events across the Antarctic Peninsula derived from the action of atmospheric rivers that transport moisture and warm air from the (sub)tropics to the Maritime Antarctica, suggesting an atmospheric teleconnection between these regions, Gorodetskaya et al. (2023).

Despite the evidences on the transport of heat and moisture from the Southern South America to Antarctica, the transit of microparticles between these continents has been an issue to be considered, since they may trace the long-range anthropogenic impact, the strength of surface winds, desertification amplitudes among other characteristics. Along the last decades, several tracers were used to identify the effectiveness of the atmospheric transport in the regional sector: mineral dust by using radiogenic signatures as the ratios $^{87}\text{Sr}/^{86}\text{Sr}$ versus $^{143}\text{Nd}/^{144}\text{Nd}$ (Delmonte et al., 2004), a radioactive noble gas, ^{222}Rn , emitted from bare rocks and soils containing ^{238}U (Evangelista and Pereira, 2002), aerosol black carbon (Pereira et al., 2006) and more recently bacteria (Cataldo et al., 2023).

The climate variability at high latitudes has become an emerging theme in the global scenario, arousing an increasing interest of numerous research groups (Thornton et al. 2014; Chen et al. 2014). A tool still little explored that may contribute to the better understanding of the changes in polar regions is the analysis of palynomorphs in natural samples, considering a scenario of newly formed ice-free areas, human occupation and a highly dynamic climate. The findings from these investigations can support the results from numerical modeling and better describe past atmospheric processes, taking into account the biogeography of pollen species. Previous studies, by microparticle analyses showed the existence of atmospheric connections in the South Hemisphere capable of transporting biological particles over distances greater than 3000 km (Câmara et al. 2023). In addition, palynological studies can add substantial accuracy to

sediment core deposition history and associated paleoclimatology and help elucidate Holocene and contemporary climate variability.

Antarctic lacustrine environments are a valuable environmental matrix for the recovery of pollen samples. Antarctic lakes are predominantly formed by the melting of permafrost layers, winter snow and glacial streams. During deglaciation and melting seasons, these processes transport large amounts of organic and mineral particles into their water bodies resulting from ground biological activity and rock weathering (Giralt et al. 2020). In this study we investigated new pollen data from dated mid-to-late Holocene sediment core layers of Long Lake/Fildes, Peninsula/King George Island/Antarctic Peninsula, and examined the data under the light of the regional summer temperature, contemporaneous palynology in Patagonia and the reconstructed westerly winds. Combining these databases, we investigate the ability of pollen and palynomorphs to act as tracers of the westerly winds strength in the study region.

Material and methods

Study site

Fildes Peninsula is one of the first ice free areas to be set in the South Shetland Archipelago, after the Last Glacial Maximum. According to Barsh and Maüsbacher (1986) deglaciation at Fildes probably took place before 6000 years BP, in the Mid-Holocene. The last glacial expansion occurred between 1200 and 1800 AD, during the period known as the Little Ice Age, and is recorded at lateral and frontal moraines (Curl 1980). The extensive glacial lake network was due to insufficient drainage of the exposed surface together with high precipitation, and a topographic of sinkholes-gullies, Simonov et al. (1977). Different kind of lake landscape are identified in this region. Firstly, the proglacial environments, closer to the Bellingshausen Ice

Dome, that are directly influenced by ice and meltwater (Benn and Evans 2010). Also, paraglacial environments, in transition zones, marked by rapid adjustments after glacial retreat, and periglacial environments which are dominated by freeze-melt processes in areas more distant without glacier influence (Slaymaker 2009). The Southern and Central Fildes Peninsula periglacial lakes, as the Lake Long, don't receive hydrological-sedimentary input from the glacier anymore, and are fed by permafrost melting, snow and/or water precipitation (Petsch et al. 2017). At that region, the average annual precipitation ranges from 350 to 500 mm, with most snow and liquid rain occurring during the summer (Rakusa-Suszczewski et al. 1993). The winter is characterized by maritime climate (Smith et al. 1996) with succession of low-pressure centers forming the circumpolar westerly wind zone (Turner and Leonard 1996).

Sediment core sampling and dating

A lake sediment core measuring 100 cm in length and 6 cm in diameter was collected from the center of Long Lake (code: LL2-IAEA), Fildes Peninsula, King George Island (62°13'14.0"S 58°57'38.0"W) during the summer of 2015, as part of the UN/FAO/IAEA project titled "Assessing the Impact of Climate Change and its Effects on Soil and Water Resources in Polar and Mountainous Regions, INT/5/153." The sediment core was retrieved using a gravity hammer version of a UWITEC corer, consisting of a 1.2 m plastic tube installed on a fixed tripod on a floating platform (Fig. 1). Core was transported to Brazil, refrigerated in vertical position, inside the Brazilian Polar vessel Ary Rongel, H-44. In laboratory, the core was firstly submitted to two non-destructive analysis: Magnetic Susceptibility (see next item) at Universidade Federal Fluminense/Brazil and submitted to X-ray at the Department of Radiology/HUPE of Rio de Janeiro State University, using a Simiens/Fokus equipment (Evangelista et al. 2024).

Subsequently, sediment samplings of 1 cm resolution for pollen analysis and subsamplings for ^{14}C were conducted under very clean conditions.

The Long Lake sediment core chronology was performed based on AMS ^{14}C analysis at Beta Analytic Laboratory. Dating was taken over dry bulk sediments treated with acid-alkali-acid treated following standard protocols which results are reported herein as conventional ^{14}C ages according to Stuiver and Polach (1977). Thereafter, conventional ^{14}C ages were calibrated using the SHCal20 calibration curve (Hogg et al. 2020). AMS results and chronology are presented in Table 1. Below 64 cm depth, very low carbon content did not allow ^{14}C analysis. The linear regression obtained from data at Table 1 resulted in: $(\text{Year cal BP}) = 1,703 + 50.61 \times Z(\text{cm})$; $p=0.002$, $r=0.99$). Our result presented comparable ages with previously inferred chronologies (Yong et al. 2007; Watcham et al. 2011) for the top sediment section.

Magnetic Susceptibility

Magnetic Susceptibility (MS) is defined as the degree of magnetization of a material in response to an applied magnetic field. Changes in magnetic susceptibility correlate with changes in sedimentary provenience and/or diagenetic environment. Because of that MS has been used as primarily proxy indicator for changes in composition that can be linked to paleoclimate-controlled depositional processes. During warmer periods, erosional processes associated to meltwater increase the bulk magnetic susceptibility of detrital material apportioning the lake body. As temperature decreases and the glacier melting process ceases, sedimentation is restricted to pelagic material which is composed by silicious diatoms, aquatic plants and fragment of moss. This results in a decrease of the bulk magnetic susceptibility since the relative

proportion of detrital material is diluted. For the MS analysis in this study, we used Multi Sensor Core Logger (MSCL) from Geotek.

Co-variability of climate proxies

For comparison with our pollen database, we chose 3 associated parameters: (1) The summer seasonal temperature variability reconstructed for the West Antarctica, based on a 50-yr δD averages data for the Holocene (Jones et al. 2023). This reconstruction uses the high-resolution water-isotope record (δD) from the West Antarctic Ice Sheet (WAIS) Divide ice core (WDC)18–20, obtained with a continuous-flow technique that provides millimetre-scale depth resolution; (2) Since we postulate that Southern Patagonia is, potentially, a major source-term of pollens and palynomorphs to Northern Antarctic Peninsula, we used total land pollen accumulation rate (influx), from the present to 6,700 yr B.P., obtained by a Holocene palaeoecological record from a ombrotrophic peat bog near Punta Burslem (54°54'S, 67 °57'W) on Isla Navarino, Tierra del Fuego (McCulloch et al., 2020); as proxy of westerly wind we used the paleovegetation Apiaceae undiff./Asteraceae subf. Asteroideae index (Moreno et al. 2009). This ration responds to the precipitation since it is the primary parameter controlling the floristic composition of the forest–steppe ecotone at southwest Patagonia (Lago Guanaco). It is the result solely of the westerly winds action and therefore more precipitation is related to more moisture transport and consequently to westerly wind intensity.

Atmospheric dispersion model (NOAA/HYSPLIT)

The effectiveness of the atmospheric transport between Patagonia and Northern Antarctic Peninsula was inferred here over three scenarios: (a) a typical neutral year (2013/2014) – Niño

indexes (MEI or SOI) close to zero; (b) a typical strong La Niña year (2010/2011); and (c) a typical strong El Niño year (1997/1998). For these years, air masses past migrations were inferred from the NOAA/HYSPLIT (Hybrid Single Particle Lagrangian Integrated Trajectory) model. The HYSPLIT model is an atmospheric trajectory modelling tool widely used to model dispersion and deposition of mineral dust, sea salt and several pollutants. HYSPLIT is a platform developed by ARL (Air Resources Laboratory), belonging to NOAA (National Oceanic and Atmospheric Administration) and available online (<http://ready.arl.noaa.gov/HYSPLIT.php>). The method of calculating the model is a hybrid between the Lagrange approach (using a mobile reference for advection and diffusion calculations as the trajectories move from their initial location) and the Eulerian methodology (which uses a fixed three-dimensional grid as a frame reference points for calculating pollutant concentrations in the air). In the case of the present work, forward trajectories were obtained and summarized by a Kernel smoothing, allowing a gradient of trajectory densities.

For the modelling we used an altitude of 200 m AMSL and the REANALYSIS meteorological database. The period that correspond each trajectory image output correspond to end of austral Spring and begging of Summer being representative of the Southern Patagonia flowering period (September-October-November-December). Two measurements per day, for each month, were performed, starting every 12 h local time; for a total of 120 hours (run time).

Sample preparation for palynological analysis

Samples were prepared for palynological analysis according to the method proposed by Yebert et al. (1992), which consists of acidification with 10% hydrochloric acid to eliminate carbonates, followed by treatment with 40% hydrofluoric acid to eliminate silicates and 10%

hydrochloric acid to eliminate fluorosilicates. Pollen grains and spores were recovered by the sieving method proposed by Oliveira (2004). Microscope slides were prepared and then analyzed under light and fluorescence microscopes. The terminology for size, shape, aperture number, and sexine ornamentation pattern follows Punt et al. (2007).

Results and Discussion

Long Lake exhibited laminated sedimentary structure, from X-ray radiograph, exhibiting clear light and dark density band formations. This feature reveals sequential deposition of organic clay-rich material (dark-colored) interbedded with silty to sandy material (light-colored). The formation of these laminated structures is commonly found in temperate, subpolar, and proglacial environments and represents successive cold-to-warm climatic phases. From our dating, the sequential light-and-dark sedimentary bands do not represent annual, but decadal to centenal variabilities and point to vigorous long-term regular climate processes taking place at Northern Antarctic Peninsula during Late Holocene. The laminated pattern is better evidenced in the upper 50 cm depth. According to Evangelista et al. (2024) this difference occur due to marine to terrestrial transition due to terrain uplift during deglaciation at King George Island. Pollen detection was mostly concentrated at the top laminated section between 0 – 11 cm, that corresponds to approximately 1,703 yr B.P to 2,260 yr B.P. MS data presented 2 peaks, one between 1,500 and 2,500 yr B.P. and a second 5,500 yr B.P to 6,500 yr B.P. A minimum was observed between 4,000 yr B.P and to 5,500 yr B.P.

Analysis of palynomorph concentration revealed a heterogeneous distribution in the above section. Pollen analysis revealed the presence of the following palynomorphs in the sediment fraction: plant fragment, Pteridaceae, Hydrodictyaceae, hyphal fragment, Poaceae, Malvaceae,

207 *Assulina muscorum* (Greeff 1888) (Euglyphidae), unidentified microalgae, trilete spore,
208 Cyperaceae sp., Lentibulariaceae sp., *Scleria verrucosa* Willd. (Cyperaceae), Betulaceae sp., and
209 arthropod fragment. The identified vascular plant species are predominantly shrubby or arboreal.

210 The palynological description recovered from the sediment core presented following
211 characteristics: (a) Arthropod fragment (65.0 μm) (Fig. 2A); (b) Plant fragment (55.0 μm) (Fig.
212 2B); (c) Pteridaceae, unidentified species, heteropolar monolete spore, medium-sized (45.0 μm),
213 surface baculate (Fig. 2C); (d) *Monactinus simplex* (Meyen) Corda (Hydrodictyaceae), adult
214 form, radiosymmetric, medium-sized (65.0 μm), surface spinose (Fig. 2D); (e) Hyphal fragment,
215 good integrity, color altered by the chemical treatment during sample processing (60.0 μm) (Fig.
216 2E); (f) Poaceae, unidentified species, pollen grain shed in monad, medium-sized (45.0 μm),
217 aperture not observed, exine psilate (Fig. 23F); (g) Malvaceae, unidentified species, pollen grain
218 shed in monad, medium-sized (45.0 μm), aperture not observed, exine spinose (Fig. 2G, H); (h)
219 Euglyphidae, *A. muscorum*, fragmented specimen, medium-sized (45.0 μm), surface psilate (Fig.
220 2I); (i) Unidentified microalga, spinose (37.5 μm), scabrate (Fig. 2J); (j) Indeterminate spore,
221 trilete spore fragment, heteropolar, medium-sized (44.5 μm), surface scabrate (Fig. 2K); and (k)
222 Poaceae.

223 In Figure 3 we summarize the parameters at Northern Antarctic Peninsula and Southern
224 Patagonia. Pollen data refers to top 11 cm, that corresponds to approximately 1,703 yr B.P to
225 2,260 yr B.P. We divided the role database in four sedimentological intervals: (i) the top core
226 section where pollen was found and sediment core laminated structures are better recognized. In
227 this period, MS data reaches a peak coinciding with westerlies reconstruction for Patagonia (as
228 suggested by McCulloch et al. 2020). This elevated values of MS indicate possible increase in
229 the erosive processes around the lake while stronger westerlies and higher pollen flux are

230 indicative of more efficient southward transport of heat and bioaerosols. This sedimentological
231 section is also characterized by higher summer air temperatures (inferred from δD) for West
232 Antarctica (Jones et al. 2023). A comparison of pollen occurrence, MS and reconstructed
233 summer air temperatures for this Late Holocene period suggests that most pollen detected in top
234 sediment core layers of Lake Long can be the result of both direct atmospheric depositions,
235 reaching the lake by fallout, or being transported from the surrounding soils (lake catchment) to
236 the inside of the lake by the streams formed by melting of snow deposited during winter-spring
237 seasons. Important to highlight raising from Figure 3 the fact that the occurrence of pollen in
238 KGI/Northern Antarctic Peninsula was coincident to combination of parameters: pollen maxima
239 at Southern Patagonia, recorded from approximately 4,000 yr B.P and 1,700 yr B.P. and westerly
240 winds maxima (inferred from the ratio *Apiaceae/Asteraceae*) in the same period (Moreno et al.
241 2009), that makes us assume that Southern Patagonia is the main source-term of the detected
242 pollen species and palynomorphs of Figure 2; (ii) in this section, despite the high summer
243 temperatures, MS data decreased simultaneously to decrease in westerly winds. Even during high
244 pollen flux at Patagonia, no corresponding record was observed at KGI, that highlight the
245 relevance of the westerly winds on the transport mechanism, despite the high proximity of the
246 two investigated sites; sections (iii) and (iv) correspond to the marine phase of the sediment core,
247 before crustal uplift (Evangelista et al., 2024) leading to a decrease in its depositional
248 characteristics. In section (iii) very low flux in Patagonia also corresponded to none pollen
249 observation at KGI, during lowering of summer temperatures, that suggests none apportionment
250 from Patagonia or other potential source-terms for pollen at KGI, as Australia or Southern
251 Africa. In section (iv) a recovery of the intensity of summer temperatures coincided with
252 increase in the MS signal, which shows the high correspondence of these two parameters at KGI.

While considering pollen biogeography, the predominant occurrence of shrub and tree species with current tropical distribution reinforces the hypothesis of possible exotic origin of pollen records as suggested by (Câmara et al. 2023; Rodrigues et al. 2023). Palynological data and the identification of mats of the moss *D. longifolius* (moss species widely considered a bipolar taxon) in non-overlapping sections (17–25 and 29–35 cm) with high integrity state of preservation suggests that the deposition is recent, not fossil input (before Holocene). A similar approach to the one reported by Cartapanis et al. (2022) for a 7 m sediment core collected in the same lake. The dispersion of pollen from Southern Patagonia and the Northern Antarctic Peninsula, was inferred from the dispersion model NOAA/HYSPLIT, taking into account most extreme cases related to atmospheric dynamics in the study region. During El Niño events the pressure over the Amundsen Sea is higher than normal and near-surface winds predominate from northwest to southeast, driving more moisture and warmer air into the western Antarctic Peninsula. This results in raising air temperatures and reduced sea ice. Conversely, La Niña events can strengthen the Amundsen Sea Low, potentially allow the increase of sea ice and bring lower air temperatures to Northern Antarctic Peninsula. In this study we modeled three specific cases: a typical neutral year (2013/2014), a typical strong La Niña year (2010/2011) and (c) a typical strong El Niño year (1997/1998). At all cases, the pollen dispersion between the two continents is feasible, specially in case of La Niña years.

Conclusions

This study conducted a combined geochemical-palynological investigation in Long Lake/King George Island-Antarctic Peninsula, demonstrating that palynomorphs detected in sediment layers possibly originate from the weathering of surrounding soils and mineral

aggregates presented in its catchments. The morphological structure also points to an origin from the ~~and~~ atmospheric deposition driven by either dry or wet deposition and reinforce the concept in which the atmospheric connections between the South America and the Northern Antarctic Peninsula were active throughout the Late Holocene. The palynological analysis of the sediment core revealed a diverse assemblage of palynomorphs, which were interpreted in combination with absolute dating and X-ray radiometric profile of the core. The occurrence of *D. longifolius* along the sediment core is a significant finding, as it demonstrates the recent deposition of sediments in the lake. The results of this study show the potential of periglacial lakes palynological analysis as a tool to retrieve past atmospheric circulation patterns during the Holocene at the Maritime Antarctica.

Author contributions

Material preparation, data collection and analysis were performed by LACR. All authors commented on previous versions, read, and approved the final manuscript. All authors were responsible for the conception of the manuscript and contributed to its final writing.

Conflict of interest

The authors declare no conflict of interest in the present work.

Acknowledgments

V. Gonçalves-Esteves and C. B. F. Mendonça are grateful to the Brazilian National Council for Scientific and Technological Development (CNPq) for the research grants (grants nos. 304910/2019-8 and 31618/2021-9). All authors thank the Rio de Janeiro State Research

Foundation (FAPERJ) (grant Nos. 260003/015254/2021 and E-26-/203.007/2017). We extend our thanks to the Brazilian Center for Research in Physics for providing access to the scanning electron microscope and Andre Rossi and Raquel Pires, from the National Museum at the Federal University of Rio de Janeiro, Brazil, for conducting the analyses. We thank the National Institute of Science and Technology of the Cryosphere (INCT-Cryosphere/MCTIC/CNPq - 465680/2014-13), FAPERJ project E-26/201.218/2021 and CNPq project 440899/2023-0 “Rios Atmosféricos da Antártica: detecção, implicações sobre o degelo, transporte atmosférico e suas teleconexões com os (sub)trópicos” for the financial support and the Bellingshausen Russian Antarctic Station and IAEA TC project INT/5/153 for field support in Antarctica. Ao programa de Pós-Graduação em Ecologia e Evolução da Uerj (PPGEE) e ao Programa de Pós-Graduação em Geociências da Uerj (PPGG).

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Legends

Figure 1 – (a,b) Fildes Peninsula and its location at King George Island; (b) Long lake site at the ice free region of Fildes Peninsula; (c) LL2-IAEA sediment core sampling at Long Lake; (d) a view of Long Lake.

Figure 2 – Palynological record of Long Lake sediment core section (Upper 1 m): A. Fragment of arthropod, B. Fragment of vegetal, C. Pteridaceae, D. Hydrodictyaceae, E. fragmento de hifas, F. Poaceae, G-H. Malvaceae, I-J. *Assulina muscorum* (Euglyphidae), K. Pteridaceae, L. Poaceae. Scale (black bold line): 10 μ m.

Figure 3 – Sedimentological-climate-palynological composite data: (A) sediment core X-ray-chronology-pollen data; (B) Magnetic Susceptibility; (C) 50-yr summer air temperature (from δ D) for West Antarctica ice core (Jones et al., 2023); (D) Total pollen from Southern Patagonia from McCulloch et al. (2020); (E) and westerly winds proxy from a paleovegetation index Apiaceae/Asteraceae, Moreno et al. (2009); i, ii, iii and iv are sedimentological sections defined to the core.

Figure 4 – Atmospheric dispersion for modern extreme scenarios, during ENSO events in three different conditions: (a) a typical neutral year (2013/2014); (b) a typical strong La Niña year (2010/2011); and (c) a typical strong El Niño year (1997/1998).

Table 1. AMS ^{14}C analysis by Beta Analytic Laboratory for Long Lake sediment core. LL2-IAEA. Sediments below 64 cm had insufficient carbon mass to provide ^{14}C data.

Figures

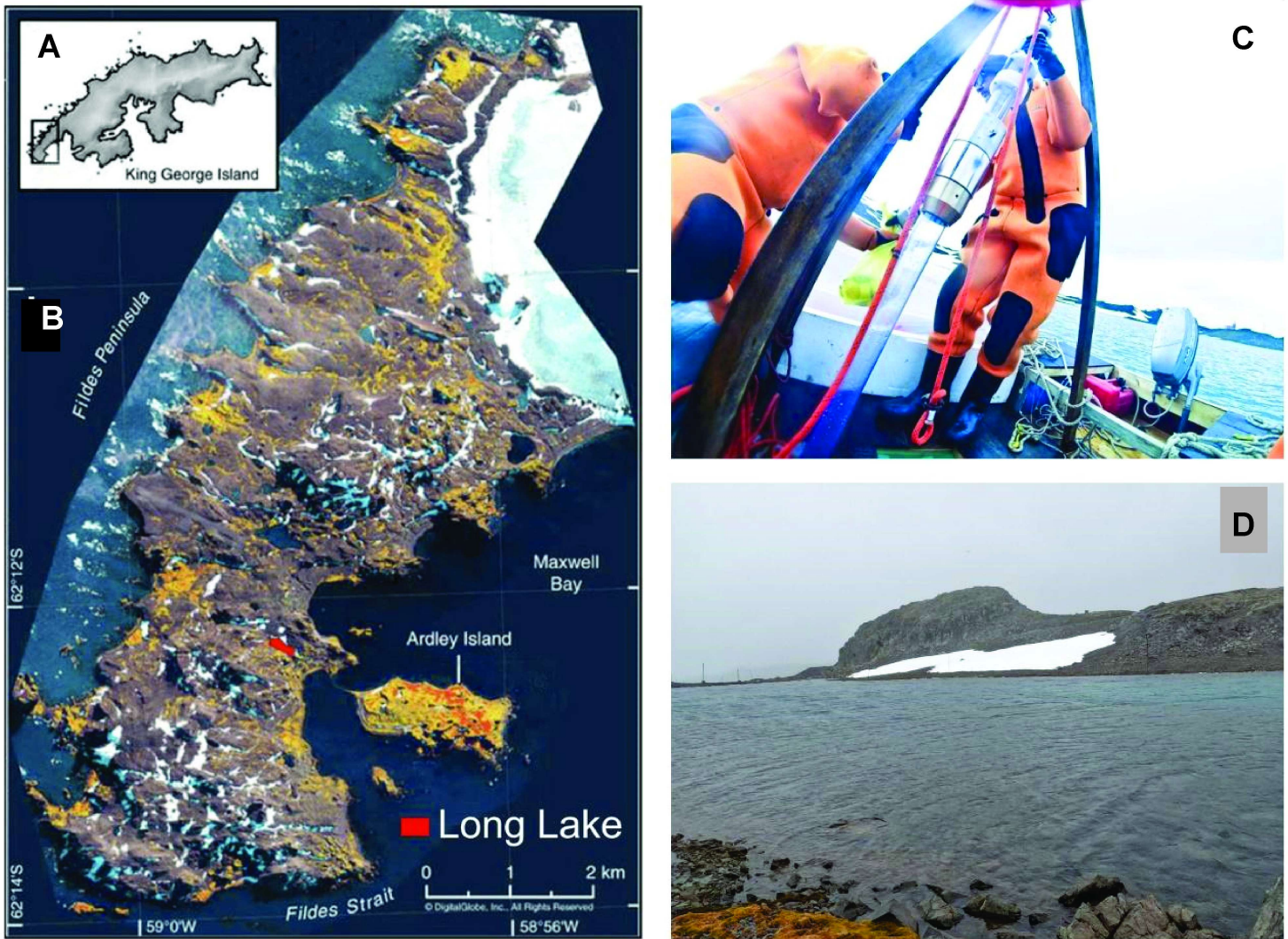


Figure 1

(a,b) Fildes Peninsula and its location at King George Island; (b) Long lake site at the ice free region of Fildes Peninsula; (c) LL2-IAEA sediment core sampling at Long Lake; (d) a view of Long Lake.

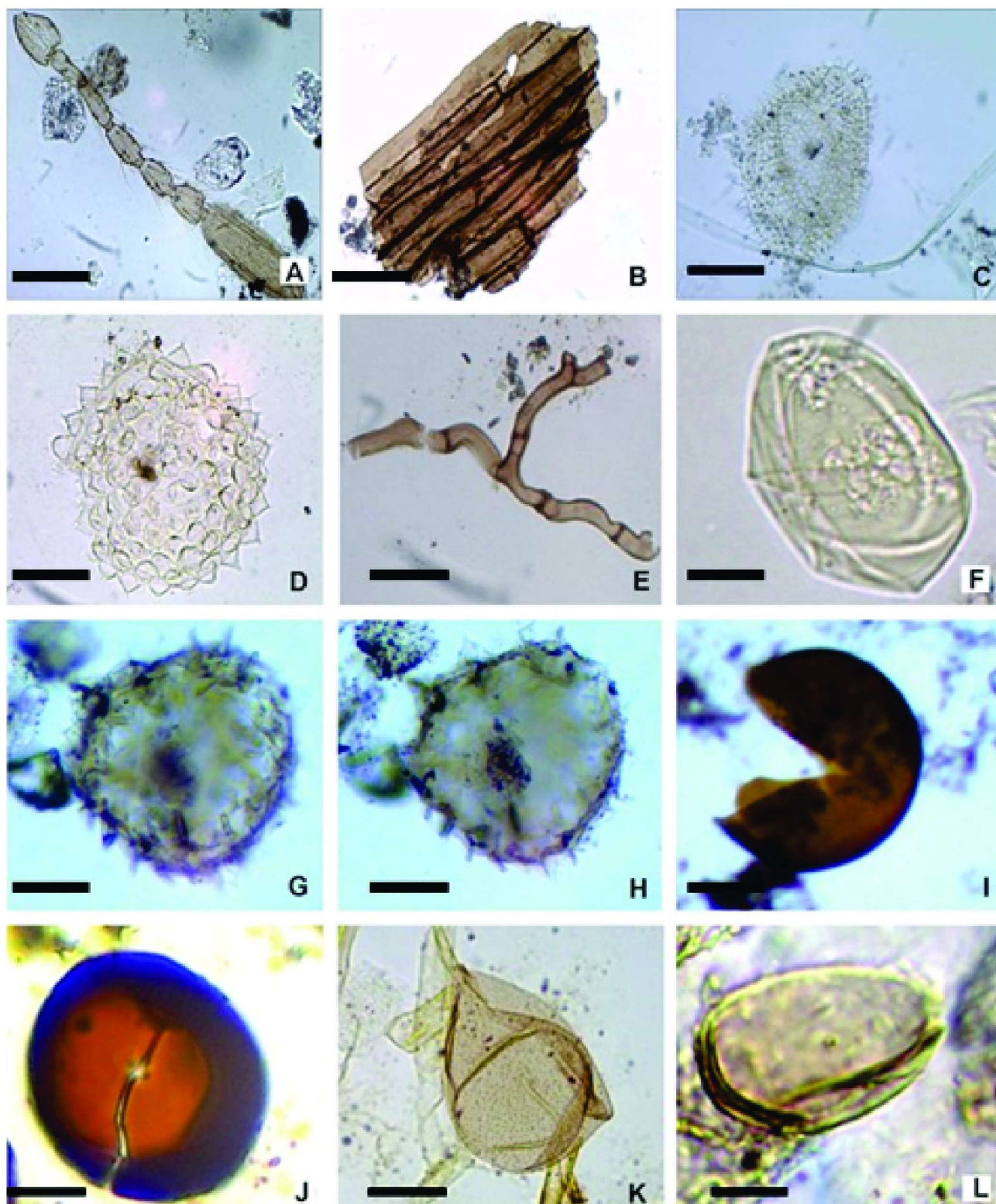


Figure 2

Palynological record of Long Lake sediment core section (Upper 1 m): A. Fragment of arthropod, B. Fragment of vegetal, C. Pteridaceae, D. Hydrodictyaceae, E. fragmento de hifas, F. Poaceae, G-H. Malvaceae, I-J. Assulina muscorum (Euglyphidae), K. Pteridaceae, L. Poaceae. Scale (black bold line): 10µm.

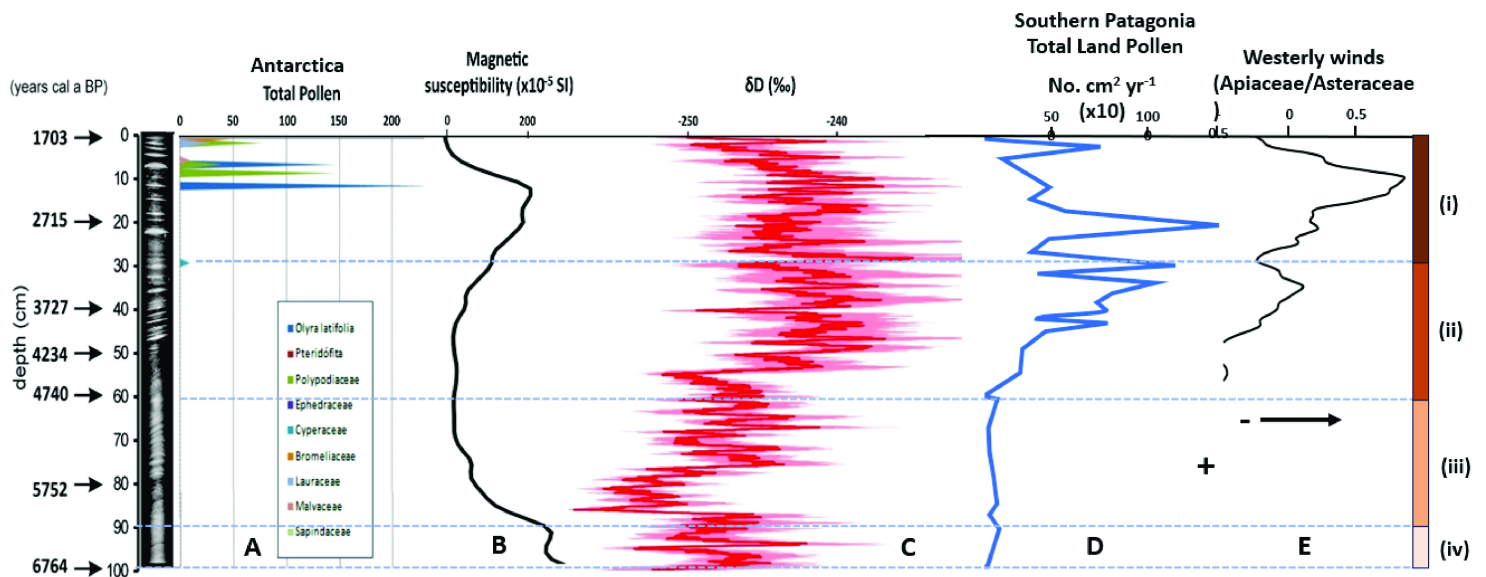


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Sedimentological-climate-palynological composite data: (A) sediment core X-ray-chronology-pollen data; (B) Magnetic Susceptibility; (C) 50-yr summer air temperature (from δD) for West Antarctica ice core (Jones et al., 2023); (D) Total pollen from Southern Patagonia from McCulloch et al. (2020); (E) and westerly winds proxy from a paleovegetation index Apiaceae/Asteraceae, Moreno et al. (2009); i, ii, iii and iv are sedimentological sections defined to the core.

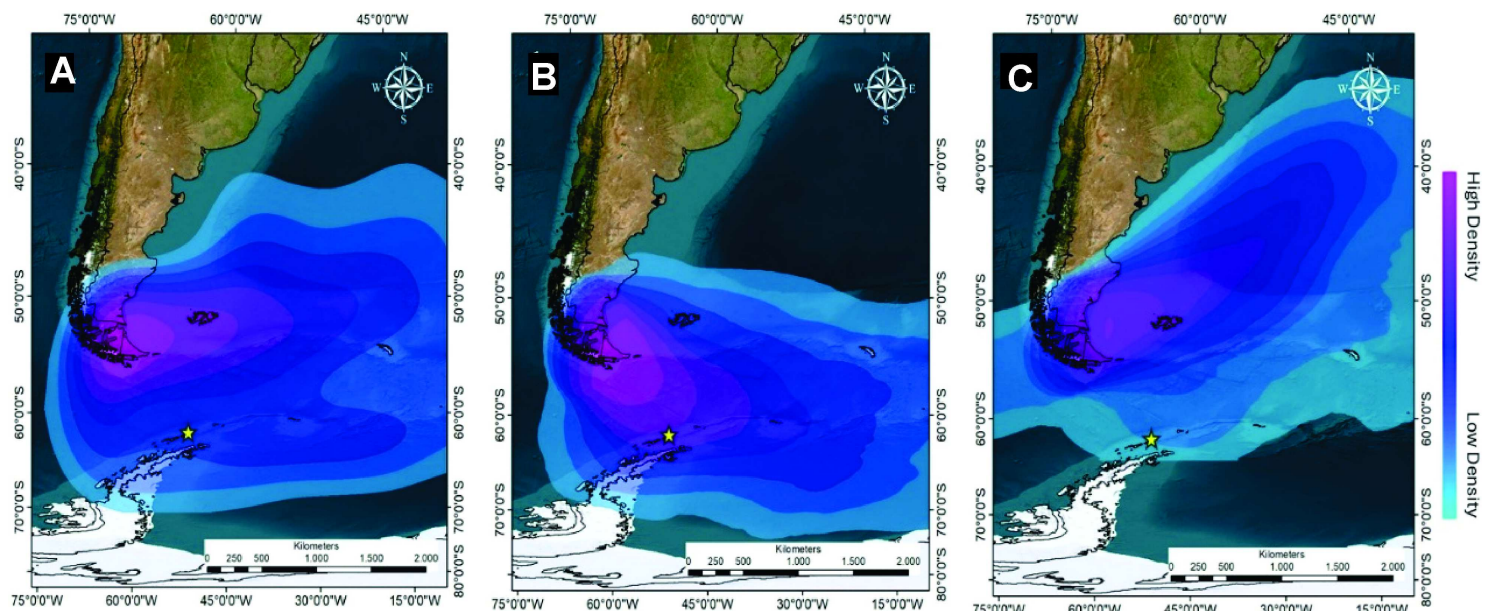


Figure 4

Atmospheric dispersion for modern extreme scenarios, during ENSO events in three different conditions: (a) a typical neutral year (2013/2014); (b) a typical strong La Niña year (2010/2011); and (c) a typical strong El Niño year (1997/1998).

Supplementary Files

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