PHALARIS CANARIENSIS SEEDS AS A SPECIES-SPECIFIC FOODSTUFF OF THE SERINUS CANARIA SPECIES

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Abstract

In recent years, new nutritional trends have focused their attention on millet seeds intended for human consumption. Millet seeds have traditionally been used exclusively as feed for pet birds. Only since 2016 have these seeds received approval for food use. It is therefore thanks to the recognition of GRAS (Generally Recognized As Safe) status that this grain has been deemed suitable for human consumption. Consequently, a series of dedicated studies have been carried out to explore certain aspects related to the unique characteristics of these seeds. As a result, a small body of scientific literature on the subject has emerged, allowing for a deeper understanding of issues related to nutrition.

The purpose of this paper is to determine whether, in the current overview, which is therefore supported by scientific evidence, the seeds of Phalaris canariensis have the morphophysiological characteristics to provide a canary with complete nutritional support.